

# **Help for the transmutation of your negative karmic records into Light and your illusory part into Light\***

Lord Surya

23 July 2010

Updated by Lord Surya on 16 October 2020

I AM Surya.

Today, on the 23rd day of July, I have come to give you specific instructions so that it is easier for you to get free from your negative karmic records and your illusory part. Because this is the fundamental thing towards which you should direct your momentum and your desires, and its achievement would ensure your transition to a new level of Consciousness and your entrance into the World of the 6th human race that awaits you to live there when the time comes in accordance with the Lord's Commandments and Laws.

On the 23rd day each month, you could do the best you can and you are capable of, in accordance with the Mercy of the Father One given to you to transmute into Light in advance your negative karma, which otherwise you would have to work off during the whole next month. This Mercy of the Lord continues to be effective even nowadays.

The more time you allocate for spiritual work on that day, the better. On the 23rd day each month, you could even devote yourself entirely to Serving God and the Father. I would advise you to be outside the populated areas on that day, surrounded by nature, and to try to apply the specific recommendations given to you by the Higher Beings of Light\*\*.

Today, I am giving you one more supporting tool.

Anyone who wishes may write a letter to me on the 23rd day of each month in which to ask me and request help on the transformation of his illusory part, of his ego, for the whole next month. And I will have the possibility to do what is necessary. (The action of this Lord's Mercy ended in 2017 – see the footnote\*.)

You already know how to write letters to us. First, you should thank for the Special Lord's Mercy that you are given. Then, you should write your request,

and after that, you need to declare the commitment that you are going to undertake so that you can be helped because that is what the Lord's Law requires – you should give so that you can get what you have asked for and you are given. Finally, burn the letter, and invite, sincerely wish and ask the angels-messengers in advance to deliver it to the one to whom it is addressed in the Higher octaves of Light.

I would like to remind you that instead of undertaking a very big commitment that requires a lot of time and which burdens you with more than you can work off each day, and instead of beginning to miss to do it regularly, which may create tension in you, it is much better to undertake a commitment to do something tiny but to do it consistently, wholeheartedly, something that would bring you joy. For example, you could send your Divine Love every day, even in a few words, in a prayer or even with a single bow, a verse, a song or maybe through a drawing that you dedicate to this Higher Being of Light from the Heavenly Hierarchy of Light to whom you have written a letter and whom you have asked to help you with what you need. Every day you could devote something different to the Higher Being of Light. The important thing is during the time you dedicate to the fulfilment of your commitment to reside at the highest possible vibrational level for you after you have previously tried to calm your Consciousness and separate it from the illusion that surrounds you.

The daily implementation in practice of all the specific recommendations that are being given now, in these times, is a continuous process of work done together with the Forces of Light, training and climbing up the steps of Spiritual development. The aim is to detach more and more from the world of the illusion and reside in God's real world. And while still in the illusion, get used to keeping your Consciousness elevated to the highest level accessible to you at the moment.

Lord Surya

Note from Rositsa Avela:

Lord Surya also sent me his thought that the daily usage and implementation of all the specific recommendations that are being given now in our life is a continuous process of interaction with the Forces of Light, training and climbing up the steps of the spiritual development. The aim is to detach more and more from the world of the illusion and to reside in the real world of God,

to get used to keeping our consciousness elevated to its highest level while we are in the world of the illusion.

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\* Note from Rositsa Avela: on 17 January 2017 Presence of the One announced that the Grace to request help to transform our own illusory part on every 23rd day of the month through a letter to Lord Surya has expired. The instructions on how to write and send a letter to the Karmic Board of the planet Earth as well as individually to any Ascended being of Light remain in force. One should take into account the implementation of the accepted commitments concerning whom only we may direct our Gratitude, according to the instruction given by Presence of the One.

\*\* Including (Removed document) the Five Rules-Guidelines on the protection of Purity, the salvation of the human Soul and the successful continuation of the evolution in the transitional times.

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